

 **BODY PARTNER**

ENGINEERED FOR  
POSTURE IMPROVEMENT

# XPT-11R

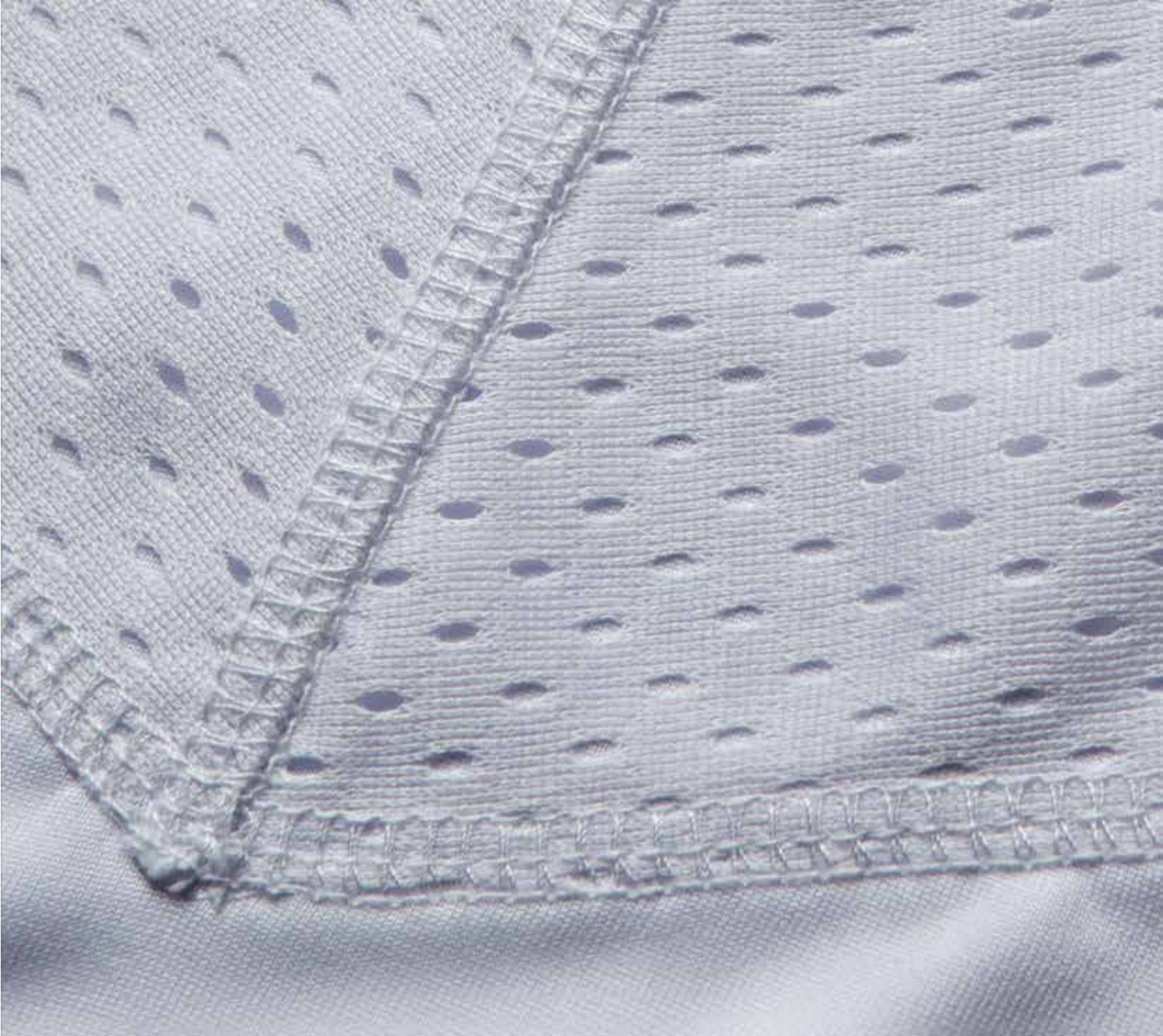
**SPINE ALIGN T-SHIRT**



 **BODY PARTNER®**

[WWW.BODY-PARTNER.COM](http://WWW.BODY-PARTNER.COM)





### **Our technology**

The Patented technology of the XPT-11R Spine Align T-shirt by BodyPartner incorporates many posture-enhancing qualities. The advanced detailing in the constructed fibres, the push-pull technology and the overlaying construction makes the garment unique in the way that it enables the wearer to regain the perfect posture.

This in turn encourages muscle memory to re-align the body to offset the impact of previous bad management and re-set itself to recall its correct setting for the perfect body position. It's made from a base layer material in lightweight fabric to ensure optimum performance and protection even when worn under clothing or as a sport garment.

The XPT-11R's V neck includes integrated thread which reduces friction and provides full freedom of movement coupled with increased durability and breathability. The formulated technology allows for supreme climatic control through excellent moisture management, ventilation and wicking properties.





## THE POSTURE-ENHANCING XPT-11R SPINE ALIGN T-SHIRT BY BODYPARTNER

Your body adapts to the way you live your life. Long hours spent hunched over a desk, habitual slouching while seated or poor body shape whilst walking can gradually cause your body structure to change, causing misalignment and pain.

The XPT-11R Spine Align T-shirt by BodyPartner is designed to enhance posture by holding and carefully restricting the body, reminding it of its optimum position and correct posture and re-educating it accordingly. It helps with long term muscle memory and enables the body to move and function the way it should, reducing muscle fatigue and lower back slumping, helping with rounded shoulders and unhealthy posture.

### **The XPT-11R Spine Align T-shirt by Bodypartner:**

- Improves posture
- Supports correct spinal alignment
- Aids long term muscle memory
- Reduces muscle fatigue
- Helps to activate muscles and tone
- Reduces back and neck pain
- Helps with quality of movement

Day to day living can create poor posture, causing related neck, shoulder and back pain. Fortunately, help is at hand in the form of the XPT-11R Spine Align T-shirt by BodyPartner. Created and developed by one of the UK's leading osteopaths, it can provide relief and better manoeuvrability for those suffering with issues associated to poor posture.

Whether it's disc pressure or rounded shoulders, back or neck pain or many other symptoms encountered by osteopaths, poor posture can be a chief contributor. The beauty of XPT-11R Spine Align T-shirt by BodyPartner lies in its easy-wear simplicity and the way it conditions and educates the body. It's not about what it does when its on; its about the muscle memory it enhances when you have taken it off.



By reminding the muscles of their primary function, the specially patented technology can help to reinstate good posture because your body 'remembers' what its correct position should be.

We all know that a regular routine of stretching and exercise can ensure that the muscles that support the spine are strong enough and conditioned enough to do their job properly. The XPT-11R Spine Align T-shirt by BodyPartner is the perfect companion to this, helping to alleviate or relieve issues such as slouching, weak core, lower back slumping, over curvature in the neck, trauma, disc pressure, rotator cuff injuries, frozen shoulder and impingement syndrome.

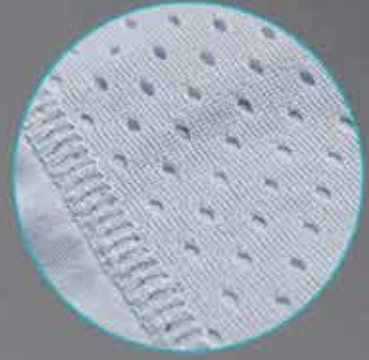
It represents the culmination of three years of design, prototyping, sampling and testing, with a host of professional sportspeople, manual workers and office personnel all giving positive feedback after extensive trials. Patented for its unique construction and positive effect on posture, the XPT-11R Spine Align T-shirt by BodyPartner is now available to help reduce symptoms of pain, aid better posture and enhance muscle engagement.

**“I HAVE BEEN USING THE BODY PARTNER T-SHIRT FOR SEVERAL WEEKS NOW AND HAVE NOTICED A HUGE DIFFERENCE IN MY POSTURE ALREADY”**

It is fantastic for anyone who finds themselves prone to falling into bad postural habits and suffering from back or neck pain. I treat so many patients who complain of back and neck pain as a result of spending long hours at a desk or computer, and whilst manual therapy is excellent for relieving the symptoms, it is crucial to address the long term postural adaptations that occur, in order to prevent continual problems.

The Body Partner is ideal for this, offering support across the back and shoulders, to prevent slumping and dropping of the shoulders. I would certainly recommend this to anyone suffering from posture related pain.

**Iona Parrish, Osteopath**



Patented for its unique construction and positive effect on posture

A man is shown from the back, wearing a white short-sleeved shirt. The back of the shirt features a large, white, perforated mesh panel that covers the upper back and shoulder blades. The mesh has a distinct pattern of small holes and a ribbed edge. The man's head is turned slightly to the left. The background is a plain, light gray.

**BODY  
PARTNER®**



# BODYPARTNER

## ENGINEERED FOR POSTURE IMPROVEMENT

The XPT-11R Spine Align T-shirt by BodyPartner is designed to enhance posture by holding and carefully restricting the body, reminding it of its optimum position and correct posture. It helps with long term muscle memory and enables the body to move and function correctly.

THE XPT-11R FROM BODYPARTNER IS IDEAL  
FOR PEOPLE SUFFERING FROM:



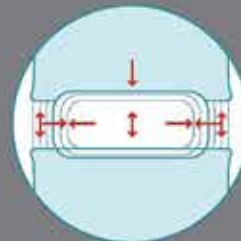
Muscle Fatigue



Rotator Cuff Injuries



Over Kyphosis



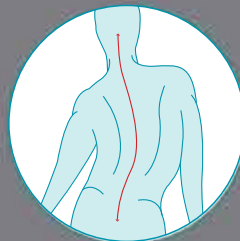
Disc Pressure



Forward Head



Anterior Pelvic Tilt



Scoliosis



Hunchback

'HELPS KEEP A DOMINANT POSTURE'  
MARK TEAL — BRITISH JUDO SQUAD MEMBER